



# ALEXIS LINN STORY

Certified Life Coach | Master NLP Practitioner  
Certified Health Coach | Ordained Sacred Healer

## PERSONAL PROFILE

I bring a holistic approach to my work with clients, supporting health and wellness in mind, body, and spirit. As a certified coach and yoga teacher, I provide clients with mindfulness and centering practices, as well as tools to foster improved health and fitness, navigate life transitions, and support job satisfaction and growth. I also provide additional support in areas such as Physical well being, Stress Reduction, Life Changes, Self Worth, Gut health, Mindfulness & Meditation and Loving One's Life.

## CONTACT

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## EXPERTISE

Life Coaching

Health Coaching

Gut Health

Yoga

## TRAINING & PROFESSIONAL DEVELOPMENT

Microsoft Office  
Proficient: Word, Excel,  
PowerPoint, Visio, Project

2020 Yoga Nidra Training:  
50 hour Scott Moore

2017 CorePower:  
50-hour Yoga Sculpt Intensive

2015 CorePower:  
20-hour Intensive Training

2007 Nationally Registered  
Yoga Teacher Training:  
200-hour, Peachtree Yoga

## CERTIFICATIONS

Certified NLP Life Coach  
(60+hrs), 5th Element  
Behavior Consultancy

Master NLP Coach (125+  
hrs) 5th Element Behavior  
Consultancy

Ordained Sacred Healer,  
St. Thomas Christian  
Church/ Karin Kabalah  
Center

Certified Health Coach,  
Precision Nutrition - 2020

## WORK EXPERIENCE

### HEALTH & LIFE COACH, YOGA TEACHER, ORDAINED REVEREND

*Alexis Story Coaching, LLC | May 2020 - present*

- Certified Health Coach, Precision Nutrition - 2020
- Certified NLP Life Coach, 5th Element Behavior Consultancy - August 2021
- Master NLP Coach in training, graduation - November 2021
- Ordained Sacred Healer, St. Thomas Christian Church, Karin Kabalah Center - December 2021

### YOGA TEACHER TO TROUBLED TEENS

*Newport Academy Treatment Center | June 2020 - present*

Newport Academy treats the primary mental health issues that are the underlying causes of high-risk behavior in individuals ages 12-18 who are struggling with teenage depression, teen anxiety, and trauma-related issues, along with co-occurring eating disorders and substance use.

### REGIONAL MARKET MANAGER FOR MAGNOLIA CREEK TREATMENT CENTER

*Odyssey Behavioral Healthcare | Feb 2019 - Jan 2020*

- Develop and manage a web-based referral source data and future referral sources base that includes treatment professionals, care delivery organizations, community entities
- Maintain an ongoing relationship with referral sources, to include routine interactions with priority referral source identification, follow up with any referral sources post referral

### SENIOR CLINICAL OUTREACH SPECIALIST

*Structure House | June 2017 - Feb 2019*

- Number one producer in professional referral team; Received promotion to Senior at 1 yr. mark
- Territory expansion 2017- GA; 2018 - GA, FL, TN
- Grew GA from within the top 30 referral states to top 10, 50% increase activity in TN, FL
- Liaison to professional referral sources, community organizations and advocacy groups to promote services, value and credibility
- Coordinates with Admissions, Clinical Treatment Team, and Management staff on outgoing referrals when client/patient is not a good clinical fit.

## EDUCATION

### BACHELOR OF ARTS IN PSYCHOLOGY

*Emory University | 2004*